



## How to Achieve Your Career Goals and Maintain Balance

with Colleen Beers, Global Executive of Trust and Safety at Alorica

### "Shift your mindset."

Instead of fixating on one mistake, consider the lessons it taught you—and how you'll allow it to empower your decisions moving forward.





# "Remember where you come from, and always give back."

In the same realm of prioritizing community, paying it forward enables us to empower those who stand where we once stood—and equip them with the insights that allowed us to reach our career goals.

#### "Set clear expectations and boundaries."

Data suggests that women are 19% less comfortable taking paid days off than men. There can be several reasons why, but prioritizing our calendar with a holistic lens is essential.



# "Recognize the importance of community."

When we surround ourselves with allies who nurture our potential, we can thrive without limits and make a mark in every role we inhabit.